

EVACUATION – MAKE A PLAN IF YOU MUST LEAVE YOUR HOME

- Begin evacuation immediately when the official warning is issued. Your life might be in danger, do not waste time in leaving your home.
- Have a place to go: home of a family member or friend, or a shelter. Plan your route before the disaster.
- Listen to the AM radio for updates of the situation.
- Notify family or friends of your plans if possible. Tell them when you are leaving and where you are going.
- Use travel routes specified by local officials (see attached map for routes). Know where you are going before you leave.
- Bring extra cash. Banks may be closed. ATMs may not work.
- Take your disaster supplies kit.
- Secure and lock your home before you leave.
- Bring toys, books and games for entertainment.
- If driving in smoke, turn on headlights, move as far to the right as possible and drive slowly.
- When you arrive at a shelter make sure you register with official personnel.
- Don't panic, drive slowly and arrive safely at your destination.

EVACUATE OR SHELTER IN PLACE?

- Have your disaster supplies kit in hand, including pet supplies.
- You need to store at least a three-day supply of water for each person in your household. Stored water should be changed every six months.
- Notify family or friends of the situation if possible.
- Work with neighbors to develop a neighborhood plan that keeps everyone informed.
- Listen to your battery operated radio for emergency updates.
- Once you have decided to stay, remain in your home until the emergency is over.

EAS RADIO STATIONS –

- KKOH 780 AM
- KUNR 88.9 FM

SHELTER – MAKE A PLAN IF YOU MUST STAY AND SHELTER IN PLACE.

- Discuss what to do about power outages and personal injuries.
- Post emergency telephone numbers near telephones.
- Learn how to turn off the water, gas and electricity at your home.
- Decide where to meet – in the event of an emergency, you may become separated from family members. Choose a place right outside your home in case of a sudden emergency, like a fire. Choose a location outside your neighborhood in case you cannot return home.
- Choose an "out-of-town" contact – Ask an out-of-town friend or relative to be your contact in the event of a disaster. Everyone must know the contact's phone number. It is often easier to make a long distance phone call than a local call from a disaster area.
- Teach children how to make long distance telephone calls.
- Complete or family communication plan – Your plan should include contact information for family members, work and school.
- Escape routes and safe places – In a fire or other emergency, you may need to evacuate very quickly. Be ready to get out fast. Be sure everyone in your family knows the best escape routes out of your home as well as where the safe places are in your home for each type of disaster. Draw a Home Family Escape Plan with your family outlining 2 escape routes from each room.

EMERGENCY NOTIFICATIONS

- Local government Public Information Officers (PIO) gather key information from first responders and elected officials and produce press releases that are then broadcast by local media outlets.
- Emergency Managers can initiate the Emergency Alert System (EAS). This system interrupts local radio and television broadcasts with emergency alerts and instructions to the public.
- Citizens can subscribe to AlertID to receive messages on home computers or smart phones. Go to www.alertid.com to learn more.
- First Responders and credentialed volunteers can go door-to-door alerting citizens of impending hazards.
- The Code Red system can be used to automatically telephone residents and relay emergency information.

EMERGENCY NOTIFICATIONS

- The Code Red Notification System is a computer system that calls telephones in a particular geographic area, and plays a recorded message. However, there are two issues to consider- availability of electric utility power, and ability of the system to contact a particular type of telephone.
- In an emergency, the electric utility power may fall at any time. This means that any telephone which relies on electric utility power to function will not work.
- The Code Red system can only contact hardwired telephones (so-called "wired" or "PSTN" phones) which are serviced by SBC, ATT, or another local telephone company. You can, however, enter your cell phone number into the database on the following web site: www.ReadyWashoe.com. Click on the "get the message" tab and follow the instructions to enter your telephone number of choice.
- Again, there is no guarantee that every citizen can be contacted, but with these 5 methods regional officials can quickly notify large sections of the local population.
- The EAS Local Primary Stations
 KKOH 780 AM
 KUNR 88.9 FM
 In an emergency tune to:

EMERGENCY NOTIFICATIONS

- For purposes of evacuation and shelter planning, Washoe County is divided into several sectors. The attached map depicts general evacuation directions and preplanned shelters. However, when a crisis occurs, local public safety personnel will identify official shelters and routes based on the current situation.
- Sector 1:** North of the Truckee River, and west of US 395. The two primary shelters are McQueen and Hug High Schools. The primary large animal shelter area is the UNR Fields and the Livestock Events Center. Lawlor Events Center is designated as a potential large-scale shelter. Evacuation routes lead away from the river and downtown areas north generally along McCarran and Virginia US 395.
- Sector 1A:** Verdi/Mogul area. Residents of this area will use Sector 1 shelters/routes. If passage to Sector 1 is blocked, options included movement to Truckee, California, or temporary refuge on high ground in the Dog Valley area.
- Sector 2:** North of the Truckee River, and east of US 395. The primary shelters are North Valleys, Spanish Springs, Reed, and Sparks High Schools. The primary large animal shelter area is Lazy 5 Regional Park, Lemmon Valley Horseman's Arena, and Gandolfo Rodeo Arena. Evacuation routes lead away from the river and downtown area south generally along US 395 and Pyramid Lake Highway.
- Sector 3:** South of the Truckee River, and west of US 395. The primary shelters are Reno, and Wooster High Schools. The primary large animal shelter is Bartley Ranch Regional Park. The Convention Center is designated as a potential large-scale shelter. Evacuation routes in this region lead away from the river and downtown area south generally along Virginia/US 395.
- Sector 4:** South of the Truckee River, and east of US 395. The primary shelter is Damonte High School. The primary large animal shelter is Hidden Valley Regional Park. Evacuation routes in this region will proceed south generally along Virginia/US 395.
- Sector 5:** Washoe Lake area. Residents in this area will proceed either north into Sectors 3 or 4, or if that direction is unsafe, south towards Carson City. Potential shelters include Galena or Damonte Ranch High Schools, or Carson City High School in neighboring Carson City County. The primary large animal shelter is Washoe Lake State Park.
- Sector 6:** Incline Village/Crystal Bay. The primary shelter is the Incline Village High School. Additional shelter area is the Community Center and SR Beach. Evacuation routes are HWY 431, or SR 28 towards either Kings Beach or South Lake Tahoe.
- Sector 7A:** Residents have to leave this area, potential shelter sites include Reed High School in Sparks, or Fernley High School in neighboring Lyon County.
- Sector 7B:** Antelope Valley/Rancho Haven area. The Cold Springs Middle School is a designated shelter for this sector.
- Sector 7C:** Gerlach/Empire area. The Gerlach High School is a designated shelter for this sector.

EMERGENCY NOTIFICATIONS

- In the midst of rushing through everyday life, it is important to take a minute to prepare for emergencies. Being prepared helps you and your family minimize the impact of a disaster such as an earthquake or an emergency such as a broken leg. Knowing what to do is your best protection and your responsibility. The best way to make you and your family safe is to be prepared before disaster strikes.
- In our area we have the potential of disasters from earthquakes, wildland fire, and weather related emergencies. Take time to plan for the problems related to each type of disaster.
- If you have pets make a pet plan. Animals may not be allowed inside emergency shelters due to health regulations.
- Find out how to help elderly or disabled person in your home or neighborhood.
- Ask about disaster plans at your workplace, your children's school or daycare center and other places where your family spends time.

MAKE A FAMILY EMERGENCY PLAN

- Meet with household members – Explain the dangers to children and work with them as a team to prepare your family to deal with emergencies.
- Discuss what to do about power outages and personal injuries.
- Post emergency telephone numbers near telephones.
- Learn how to turn off the water, gas and electricity at your home.
- Decide where to meet – in the event of an emergency, you may become separated from family members. Choose a place right outside your home in case of a sudden emergency, like a fire. Choose a location outside your neighborhood in case you cannot return home.
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WASHOE COUNTY EVACUATION AND SHELTERS

- Emergency occur around us, each and every day. The most successful way to manage these situations is to have a plan. Through funding from the United States Department of Homeland Security and the State of Nevada, we have prepared this guide to assist in developing an appropriate plan for you and your family.
- Evacuation and shelter are critical elements in any personal emergency plan, whether you are a resident or a visitor to the Silver State. Nevada is subject to a variety of threats and hazards that may cause the evacuation of an area where you may be sheltered away from your home. Flood, Earthquake and Wildland Fire (EWM) are the three most common natural hazards in Nevada. These hazards and other threats may occur that would require citizens and visitors to leave their homes and businesses to relocate in a safe part of the community until the threat or hazard is addressed.
- This guide will help you become familiar with the evacuation routes and shelters that exist in your community. It should be part of your planning process and your emergency kit. Local public safety officials are your partners when emergency situations develop in your area as they will announce evacuations and shelter locations in your community. Using this guide in advance of the emergency will enable you to make an effective emergency plan which will increase preparedness and prevent additional disruption in your everyday life.
- Thank you very much for taking a FEW minutes to read this brochure and put it in your emergency kit. Prepared citizens and communities make for a Safe Nevada.
- Plan Ahead Nevada. Assemble a kit. Stay Informed.

WASHOE COUNTY EVACUATION AND SHELTERS

- Thank you,
- Christopher B. Smith, Chief
 Nevada Department of Public Safety
 Division of Emergency Management

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- Reno Fire Department
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www.cityofreno.com
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www.nvredcross.org
- Salvation Army
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 775-328-2400
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 (775) 337-5898 OFFICE
 (775) 337-5894 FAX
www.readywashoe.com

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TERRORISM

Terrorism is defined as the unlawful use of violence, or the threat of it, to scare or intimidate people or governments.

There are four general types of terrorism:

- Conventional – such as bombing or hijacking
- Chemical – use of poisons or chemicals (nerve gas)
- Biological – use of bacteria, viruses or other harmful organisms
- Radiological – use of nuclear or radiological materials

Terrorists tend to strike targets that are highly populated (large cities, airports, tourist attractions, major plants) and institutions (schools, hospitals).

Terrorist incidents usually happen without warnings. Here are some safety tips:

- > **If you are in public**, be aware of your surroundings. Know where emergency exits are.
- > **Never leave shopping bags or luggage unattended.**
- > **Stay calm.** Exit a public place as soon as it is safe to do so. Do not try to rescue people in a public building.
- > **If at home**, stay alert and listen for instructions given on the radio or television. Have a plan in case you are told to evacuate or to shelter in your home.

Talk to your children about the subject. Avoid stereotyping. Explain that only a few "bad" people are behind terrorist attacks. Let them know that they are safe and that your family is prepared if anything happens.

You may never be impacted by a terrorist incident, but it pays to be aware. Let common sense be your guide.

HOW TO TURN OFF GAS

Make sure all family members know how and when to shut off the gas supply.

- > **If you smell gas** after an earthquake, shut off the main gas valve.
- > **Use a wrench** to turn the valve either way until it is perpendicular to the pipe.
- > **Attach the wrench** to the gas meter with a wire.
- > **Be aware** that once your gas is turned off, it is advisable to contact your gas provider when it is time to turn the gas back on because all of the pilot lights will need to be relit.



DISASTER PLANNING - WILDLAND FIRES

Wildland fires continue to be the largest threat to Nevada. During a fire emergency, safety of lives is the number one priority. In order for the Fire District to effectively work to control the fire or protect homes, it is best if citizens are safely evacuated. Your life is the highest importance and if you, your family and neighbors are in a safe place, the responders have accomplished the most important goal.

WHAT TO EXPECT DURING A WILDLAND FIRE.

- > **Wildland fires can start and move very quickly.** Smoke and embers will be moved by the wind created by the fire. The situation can change in minutes. Listen to the radio or television for updates and be ready to leave if necessary.

BEFORE A WILDLAND FIRE OCCURS

- > **Preparation is key to a successful evacuation** and now is the time to plan on what you are going to do if ordered to leave your home. Plan your evacuation route. If possible map out at least two routes out of your neighborhood. Have your evacuation kit and necessary items in a known location and ready to go.

DURING A WILDLAND FIRE

- > **Stay calm and do not panic.** You will think more rationally if you remain calm. Keep family members and pets together. Wear long pants, long sleeved shirts made from natural fibers, and boots or sturdy shoes for protection from heat. If advised to evacuate, DO SO IMMEDIATELY. Drive slowly, turn on your vehicle headlights and stay as far to the right of the road as possible.
- > **If evacuation routes are blocked** you will be required to stay in your home during the fire. If you shelter in place, stay away from windows, move to an interior room or hallway. If the house does catch fire there will still be time to get out. Do not try to leave until after the fire has passed and you can safely drive to a shelter location.



Photo courtesy: Nevada River Flood Project

DISASTER PLANNING - EARTHQUAKES

During an earthquake the "solid" earth moves like the deck of a ship. The actual movement of the ground is seldom the direct cause of death or injury. Most casualties result from falling objects and debris because the shocks can shake, damage or demolish buildings. Earthquakes may also trigger landslides, cause fires and disrupt utilities.

BEFORE AN EARTHQUAKE

- > **Check you home for potential hazards.** Place large and heavy objects on lower shelves. Securely fasten shelves to walls. Brace or anchor high or top-heavy objects. Strap water heaters to keep them from falling.
- > **Know where and how to shut off electricity, gas, and water** at main switches and valves. Have the proper tools close by so that there is no delay when it is time to shut off the utilities.
- > **Hold occasional drills**, so each member of your family knows what to do in an earthquake.
- > **Have your Disaster Supply Kit ready and accessible.**

WHAT TO DO DURING AN EARTHQUAKE

- > **First and foremost, stay calm.** Think through the consequences of any action you take.
- > **If you are inside**, take cover under a heavy desk or table. Stand under a supported doorway or along an inside wall away from any windows.
- > **If you are outside**, stay there, stay away from tall buildings, look up and watch for falling objects. If you are in a moving car, safely stop the car and remain inside.

WHAT TO DO AFTER AN EARTHQUAKE

- > **Check yourself and people nearby for injuries.** Provide first aid if needed. Be prepared for additional earthquake shocks called "aftershocks". These are smaller than the main shock, some may be large enough to cause additional damage or bring weakened structures down.
- > **Check gas, electric, and water lines.** If damaged, shut off valves. Turn off appliances. Do not light matches or candles. Check for natural gas leaks by only, if a gas leak is detected, open all windows and doors. Leave immediately and do not reenter the building until a utility official says it is safe.
- > **Check your home for damage.** approach chimneys with caution. If there is any question of safety leave your home and do not reenter until the item can be checked. Open any closet and cupboards cautiously due to falling objects.
- > **Do not flush toilets**; until sewer lines are checked
- > **Check with neighbors** to see if your assistance is needed.

PANDEMIC

A flu pandemic is when a new flu strain starts spreading quickly around the world. Depending on the strength of the strain, it can cause many people to become severely ill or die. It may cause a short supply of food, goods, and services as many workers stay at home or travel is restricted. Medical services will certainly become overwhelmed. The flu spreads mainly through coughing and sneezing. People can also leave the virus on things they touch if they have flu germs on their hands.

Catching the flu from an infected animal is rare, but if pandemic flu (like H1N1 Flu) evolved so it could infect humans, it could start a pandemic.

Flu pandemics have happened before. Experts believe that another pandemic is likely. Flu viruses are easily spread. With modern travel, viruses can circle the globe faster than ever.

- > Wash your hands often and well
- > Cover coughs and sneezes
- > Don't share personal items
- > Teach children how to protect themselves
- > Thoroughly cook meat, poultry, and eggs
- > Get available flu shots
- > Check the news. Officials will announce a pandemic and provide instructions
- > Support "common good" efforts. Authorities may make decisions in a pandemic to restrict gatherings (schools, movies, sporting events, etc) or asking people stay home. It is important to support these decisions. To learn more about pandemic flu, go to www.pandemicflu.gov

EXTREME HEAT

WEATHER RELATED EXTREME HEAT

Temperatures that hover 10 degrees or more above the average high temperature and last for several weeks are defined as extreme heat conditions.

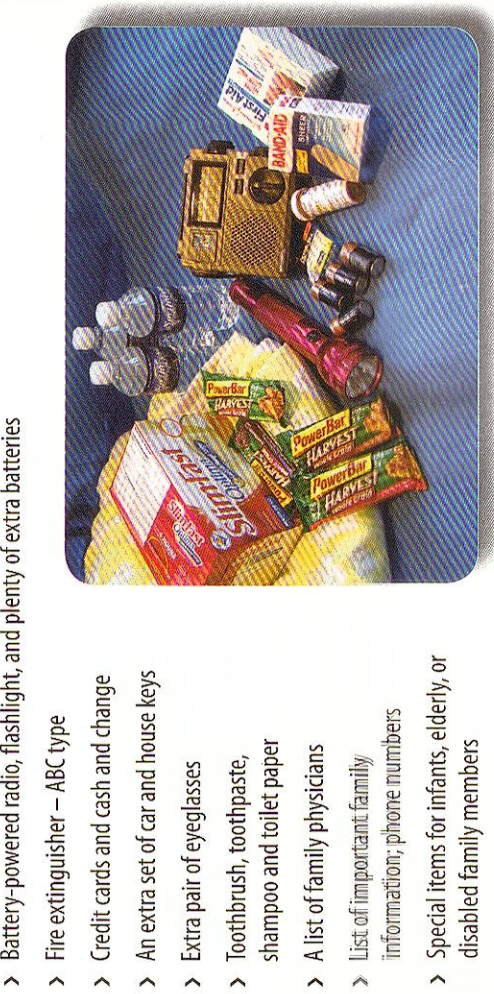
Heat disorders occur because a person has been overexposed to heat, has over-exercised, or has been exposed to high temperatures and poor air quality. Children, the elderly, and individuals with medical problems are at greatest risk when exposed to extreme heat.

- Some things you can do to protect yourself and others from extreme heat are:
 - > Stay indoors. If air conditioning is not available, stay on the lowest level of the sunbline.
 - > Drink plenty of water. People with medical conditions should consult their doctors before significantly increasing their liquid intake.
 - > Limit intake of alcoholic beverages.
 - > Dress in loose fitting, lightweight and light colored clothes that cover as much skin as possible.
 - > Wear a wide brimmed hat to protect the face and head.
 - > Avoid too much sunshine and use sunscreen with a high SPF rating.
 - > Reduce, eliminate or reschedule strenuous activities. Get plenty of rest to allow your natural "cooling system" to work.

PREPARE A DISASTER SUPPLIES KIT

Prepare for at least three days. The best time to assemble a disaster supplies kit is well before you need it. Most of these items are already in your home. It's matter of assembling them before a disaster occurs.

- > Water – 1 gallon per person per day. Store water in unbreakable containers.
- > Identify the storage date and replace every 6 months
- > Food – A supply of non-perishable packaged or canned foods with a can opener
- > Anti-bacterial hand wipes or gel
- > First Aid Kit – A first aid book and required prescription medications
- > Blankets or sleeping bags – at least one per person
- > Battery-powered radio, flashlight, and plenty of extra batteries
- > Fire extinguisher – ABC type
- > Credit cards and cash and change
- > An extra set of car and house keys
- > Toothbrush, toothpaste, shampoo and toilet paper
- > A list of family physicians
- > List of important family information, phone numbers
- > Special items for infants, elderly, or disabled family members



SANITATION SUPPLIES

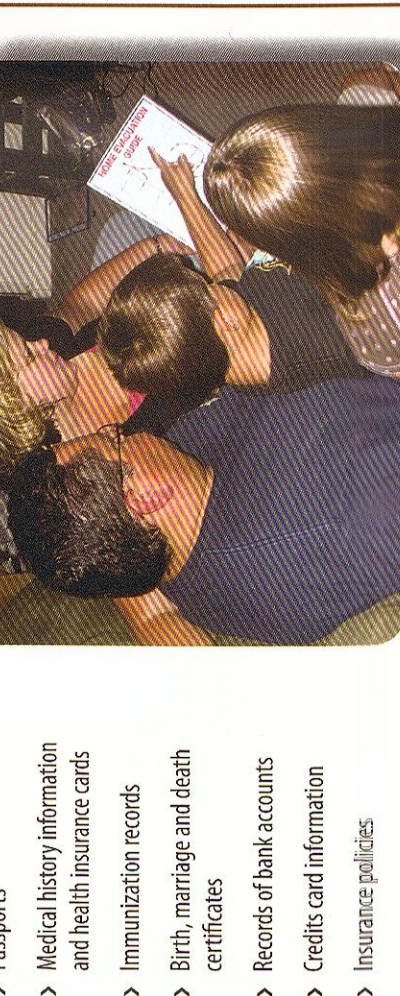
- > Large plastic trash bags for waste, traps and rat poisons
- > Large trash cans
- > Bar soap and liquid detergent
- > Household bleach
- > Rubber gloves

Stocking up now on emergency supplies can add to your family's safety and comfort during and after a disaster. Store enough supplies for at least three days, preferably seven days.

FAMILY DOCUMENTS

In a disaster where you might have to leave your home quickly, important documents may be left behind and ultimately destroyed. Before the emergency occurs, decide which records are most essential to you and your family. One factor to consider is how readily a lost record could be replaced. Loss of some records could result in major financial damage (like tax records), or would be irreplaceable (like family photographs and historical documents).

The following is a list of the documents you should safeguard and be able to retrieve quickly to take with you.



- > Licenses or other IDs
 - > Social Security Cards
 - > Passports
 - > Medical history information and health insurance cards
 - > Immunization records
 - > Birth, marriage and death certificates
 - > Records of bank accounts
 - > Credits card information
 - > Insurance policies
 - > A list of important or valuable belongings
 - > Wills, contract, deeds
 - > Records of stocks, bonds or retirement accounts
 - > Back up of key computer files
- In order to ensure that you can quickly retrieve these documents, it is suggested that you:
- > Keep these documents (or copies of these documents) in a water or fire proof container with your disaster kit
 - > Keep them in a safe place away from home, like a safe deposit box
 - > Be sure trusted family members know where these items can be found
- There are many ways to prepare your essential records for an emergency. Whatever method you use, remember to keep your records updated. At the very least, choose one day each year to make certain they are current and ready to evacuate.

YOUR PERSONAL EVACUATION PLAN

Spend a few minutes and write a detailed plan below of what you plan to do when an emergency happens, and include your evacuation route:

Blank lined area for writing an evacuation plan.

DISASTER PLANNING - FLOODS

WHAT TO EXPECT DURING A FLOOD EVENT

Fresh floods, abundant rain, and rain-on-snow events are the three types of flood phenomena that occur throughout the State. In many places these events cause small creeks to overflow and homes in low lying areas can experience some localized flooding.

BEFORE A FLOOD

- > **Check drains and drainage** to divert water away from your home. Build barriers and landscape around your home or buildings to reduce or stop floodwaters and mud from entering. Seal lower walls with waterproofing compounds and install "check valves" in sewer traps to prevent flood water from backing up into drains.

DURING A FLOOD

- > **Listen for updates from the radio and television.** Know the location for sandbags and sand. Move valuables out of the path of water or mud. Contact local authorities and notify them of the location of the flooding. If necessary, turn off utilities before problems escalate.
- > **If water is diverted**, check with neighboring property to insure that additional damage is not occurring.

AFTER THE FLOOD

- > **Prior to entering a building, check for structural damage.** Make sure it is not in danger of collapsing. Watch for electrical shorts or live wires before making certain that the main power switch is turned on. Remove all floodwaters from under structures as soon as possible.



Photo courtesy: Nevada River Flood Project



Photo courtesy: Nevada River Flood Project

PREPARING AT WORK

GENERAL EMERGENCY PREPAREDNESS

An emergency can happen anytime. You and your co-workers should know what to do if an emergency happens at work. Even if you think you are not in a disaster-prone area, something like a chemical tanker truck overturning or a food can prevent you from getting to or from work. No business should operate without a disaster plan. If you are a business owner, developing a business disaster plan, consider how the disaster could affect your employees, customers and the workplace. Consider how you could continue doing business if the area around your facility is closed or streets are impassable. Consider what you would need to serve your customers if your facility closed.

EMPLOYEES SHOULD:

- > Know at least two exits from each room (if possible).
- > Be able to escape in the dark by knowing, for instance, how many desks or cubicles are between your workstation and two of the nearest exits.
- > Know the post-evacuation meeting location.
- > Know the location of fire extinguishers and how to use them.
- > Keep a copy of co-workers phone numbers at home.
- > Make a list of important personal numbers. Keep a printed list at your desk or near other phones. Do not rely on electronic lists, direct-dial phone numbers or computer organizers that may not work in an emergency.
- > Gather personal emergency supplies in a desk drawer. Include a flashlight, walking shoes, dust mask, a water bottle and non-perishable food.
- > Report safety system damage or malfunctions.
- > Never lock or block the exits or doorways. However, keep fire doors closed to slow the spread of smoke and fire.
- > Make specific plans to help each other. Determine how you will help each other in the event that public transportation is shut down or thoroughways are impassable. Offer to temporarily house, transport or feed your co-workers in case of emergency.

EMPLOYERS SHOULD:

- > Ensure that an emergency plan is developed and practiced at least every six months.
- > Make specific plans for employees who are disabled or who may require assistance during an emergency, for making each contact. Provide a copy for each employee.
- > Put together an office phone tree. Develop a list of everyone's home phone numbers and who is responsible for making each contact. Provide a copy for each employee.
- > Keep a phone list of all key employees with you at all times.
- > If you have a voice mail system, designate one remote number on which you can record messages for employees and provide them the number.
- > Arrange for programmable call forwarding for your main business lines.
- > Leave keys and the alarm codes with a trusted employee or friend in case you cannot get to your facility.
- > Backup computer data frequently.
- > Purchase a NOAA Weather Radio with a tone alert system.

DEVELOP A PET PLAN

In the event of a disaster, if you must evacuate, the most important thing you can do for your pets is to evacuate them too. If you are away from your home when your neighborhood is evacuated you will not be allowed back to retrieve your pet, so make arrangements with neighbors before a disaster strikes.



- > Make sure that your **pets are current on their vaccinations**. Pet shelters may require proof of vaccines.
 - > Keep a **collar with identification** on your pet and have a leash on hand to control your pet.
 - > If possible have a **properly-sized pet carrier for each animal**.
 - > Have a supply of **food, water and any required medications**.
- Animals brought to a pet shelter are required to have a proper identification collar, and all belongings (leash, food bowl and food, water, and their medications).

SPECIAL NEEDS POPULATIONS

Certain individuals in the community may have special problems to deal with in a disaster, including the elderly, people with medical problems, and people with certain disabilities (mobility, visually impaired, hard of hearing, developmental or cognitive disabilities). If you have a family member who is one of these individuals, there are special considerations to think about and plan for before a disaster occurs.

- > **If the family member has medications or equipment** that they are dependent on, plan to bring those items with you if an evacuation is necessary. Shelters will not have additional medication or medical equipment available. Documentation about insurance and medical conditions should also accompany the person.
- > **Plan ahead for transportation needs** for family members with special needs. Transportation for the general public in an emergency evacuation may not be suitable for their situation.
- > **If the family member has special dietary needs**, bring these special foods and supplements with you.
- > **Many special needs populations** are easily upset and stressed by sudden and frightening changes. Plans should be made to ensure that a caregiver or trusted family member is able to stay with them at all times during an evacuation.



YOUR IMPORTANT CONTACTS

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